

The New River Dental Center, PC
300 New River Pkwy, Ste 1
Hardeeville, SC 29927
(843) 208-2888

6 Tips to Remember After Treatment With **ARESTIN**

To help make sure you get the maximum results from your treatment, you should follow a few simple steps after your treatment with [Arestin](#)

1. Do not touch. Avoid touching areas of your gums that your dental professional has treated.
2. Wait to Brush. Wait 12 hours before brushing your teeth and areas that has been treated with [Arestin](#).
3. Wait to floss. Wait 10 days before flossing or using toothpicks or other devices that clean between your teeth in areas that has been treated with [Arestin](#).
4. Avoid eating hard,crunchy or sticky foods. For 1 week after treatment.
5. Always follow up. Because the bacteria that cause periodontal disease are persistent, the infection can return. Please be sure to make follow-up appointments with your dental professional to maintain healthy gums and teeth.
6. Keep your scheduled appointments. It is important to keep all your dental appointments so that your dental professional can re-examine your gums, make sure your infection is under control, and measure the success of your treatment.

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